

## Price List

prices incl. VAT.

### Personal Training

Individual lesson		CHF 215.-
8 subscription	(valid 3 months)	CHF 1'550.-
12 subscription	(valid 6 months)	CHF 2'261.-
24 subscription	(valid 6 months)	CHF 4'394.-
48 subscription	(valid 12 months)	CHF 8'529.-
12 week body transformation program	(valid 12 weeks)	CHF 6'500.-
Incoming check with evaluation*		CHF 180.-

### Personal training 1:2, 1:x

1:2		65% per person on subscription price PT
1:x		upon request
Incoming check with evaluation*		CHF 180.-

### Small Group Personal Training

8 Credits	(valid 5 weeks)	CHF 495.-
8 Credits	(valid 10 weeks)	CHF 554.-
12 Credits	(valid 5 weeks)	CHF 662.-
24 Credits	(valid 15 weeks)	CHF 1'324.-
36 Credits	(valid 15 weeks)	CHF 1'766.-
unlimited credits	(valid 6 months)	CHF 2'832.-
unlimited credits	(valid 12 months)	CHF 5'363.-
Incoming check with evaluation*		CHF 180.-

### Burn

Single lesson		CHF 37.-
10 subscription	(valid 6 months)	CHF 340.-
20 subscription	(valid 6 months)	CHF 640.-
40 subscription	(valid 6 months)	CHF 1'120.-
40 subscription	(valid 12 months)	CHF 1'200.-
60 subscription	(valid 6 months)	CHF 1'560.-
60 subscription	(valid 12 months)	CHF 1'680.-
80 subscription	(valid 12 months)	CHF 1'920.-
3 monthly subscription	(unlimited credits)	CHF 891.-
6 monthly subscription	(unlimited credits)	CHF 1'395.-
12 monthly subscription	(unlimited credits)	CHF 2'481.-

### Extended offer

Training plan		CHF 215.- / hour or depending on effort
Online Coaching		CHF 269.- / phase
Nutritional advice		CHF 215.- / hour or depending on effort
Nutritional advice package (5 appointments)		CHF 899.- / package
Seminars / Corporate Fitness		upon request

\* The entrance check is a prerequisite for taking part in personal training / KPT.  
If you take out a subscription of at least 3 months, the amount will be credited to you.